



Where the **FUN** is at!!!

# Enfield Recreation Dept.

## Summer 2016 Programs

### News from the Recreation Dept:

Everyone loves to jump into the pool on a sunny, hot day. Is your pool safe? Tragically over 200 children drown in backyard pools each year. Make your pool safe with some of these guidelines from the American Red Cross:

- ◆ Secure your pool with appropriate barriers.
- ◆ Keep children under active supervision at all times.
- ◆ Never swim alone.
- ◆ Ensure everyone knows how to swim well.
- ◆ Keep your pool clean and clear. If you can't see the bottom don't use the pool!
- ◆ Establish and enforce safe behaviors.
- ◆ Ensure everyone knows how to respond to an emergency. If you call 911 from your cell phone don't forget to press send. Or download an app for quicker access.

The American Red Cross and the National Swimming Pool Foundation have partnered to create an online Home Pool Essentials course to help prevent tragedies and keep a well maintained pool. The course is available at [www.HomePoolEssentials.org](http://www.HomePoolEssentials.org).

If you don't have a pool of your own, join us at the Angelo Lamagna Activity Center daily from 1:00-5:00pm for open swim. It's a great way to have fun and beat the heat!

Have a safe and fun summer!

Mary M. Keller, Recreation Supervisor

### July is National Parks & Recreation Month!!!

This July marks the 16th anniversary of National Parks and Recreation Month. This year's theme is a superhero one! We encourage you to discover your super powers this July. You can get fit or become more active by participating in one of our many programs, learn new skills by taking a class and even make super new friends at one of our many special events.

Parks and Recreation agencies improve lives through health and wellness, conservation and social equity. ***When our powers combine, we change lives!***

Why not join us and try something new this summer?



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### Please Don't Wait to Register!

Nothing spoils a good program quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the program may be cancelled. Coming in on the day the program begins will not resurrect it so please register early.

### Have an idea for a Program?

Have you ever wanted to take that certain class or program but don't see it offered anywhere? Do you have a special skill or talent & you'd like to share it with people; we want to hear from you! Please call the Recreation Office and ask to speak to the Assistant Recreation Supervisor. You never know....the program you want to take may just take a phone call!

# Special Events

## Children's Entertainment Series

*Wednesday Evenings - FREE!!!*

A special summer entertainment series for children will be held on Wednesdays at 6:30 PM at **Enrico Fermi High School in the Auditorium**.

### Animal Embassy

**July 6, 2016**

Come meet a variety of animals from around the world including a Carpet Python, Reeves Turtle, Surinam Toad and a Nigerian Euromastix Lizard. Learn about how they adapt to environmental challenges in their own unique way and how their habitats represent the amazing diversity of life. An interactive and entertaining show!

### Bryson Lang Juggling

**July 13, 2016**

A high energy, captivating and creative, comedy/ juggling show for all. This show will be full of ball bouncing, spinning rings, giant beach balls, glow balls, flying hats, and more surprises!

### Magic by George

**July 20, 2016**

Be part of a fun-filled show that will keep you on the edge of your seat. The audience will be amazed with the thrilling appearance of live birds, and the levitation of an audience member. There will be lots of audience participation; and fun-family humor.

### Bob Bloom Drumming About You

**July 27, 2016**

Be a part of an interactive drumming performance full of inspiring beats, cool rhythms, smooth melodies and catchy lyrics. Audience members will be drumming along with colorful and unique drums. A fun and entertaining experience!



## Annual Youth Fishing Derby

*Saturday, June 4, 2016*

Grab your gear and join us for a morning of fishing! Held at Freshwater Pond, the derby is open to Enfield youth ages 15 and under. Fishing will begin promptly at the 9:00 AM air horn blast and will end at 11:00 AM. Prizes will be awarded for largest fish caught in each age group, **NO REGISTRATION NECESSARY**.

Please note that severe weather will postpone the derby to Sunday, June 5th. If in doubt, call the Recreation Department at 860.253.6420 for details.



*Event co-sponsored by Dick's Sporting Goods.*

## Summer Coloring Contest

*Open to Enfield residents of all ages*

Do you love to color? Enter the Enfield Recreation Department's 3rd Annual Summer Coloring Contest. You can use as many and whichever colors you like. All we ask is that you have fun!

Coloring sheets and entry forms will be available at the Recreation Office and online beginning Monday, June 27th. Entries will be accepted until Friday, August 5th at 5 PM. For complete contest rules visit the Recreation Office or the Recreation Homepage. We look forward to seeing your creations!

## Summer Carnival

*Thursday, August 4, 2016*

Grab your family and friends for an evening of summer amusement! The summer carnival is a fun filled tradition, looked forward to by Enfield residents. There will be games, inflatables, face painting, prizes and more! A great event for children of all ages, the carnival is held at the **Fermi High School tennis courts** from **6:00 - 8:00 PM**. Please note: No pets allowed. *Rain site: Fermi High School Gym.*

# Celebrating Summer 2016

Free!

## BEGINNING OF SUMMER

### **BASH!** Friday, June 24th, 1 - 5 PM

School is out for the summer and it's time to have some FUN! The Enfield Recreation is *Where the **FUN** is at!* In celebration of summer vacation we will be hosting a POOL PARTY at the ALAC pool! Join us for...

- Open Swim
- 18 foot Rip Curl Waterslide
- Music with DJ Tim
- Door prize raffle
- Free Cotton Candy & Popcorn (*while supplies last*)

All regular pool rules apply. Youth 10 years and younger must be accompanied by someone at least 16 years of age or older. Anyone going in the pool must be swim tested before being allowed to swim. The pool will open at 12:00 PM. It is strongly recommended that you arrive at the pool between 12 -1 pm so you can be swim tested before the event starts. All regular pool rules apply.

Free!

## END OF SUMMER

### Thursday, August 11th, 12 - 3 PM **BASH!**

Join the Enfield Police Department, Local 798 Police Union and the Enfield Recreation Department as we celebrate the final days of summer. Don't miss our last big event of the summer season! Activities include...

- Open Swim
- 30 foot Inflatable Slip and Slide
- Music with DJ Tim
- Dunk Tank
- Crash Simulator
- Youth Center Open House
- Free Cotton Candy & Popcorn (*while supplies last*)

All regular pool rules apply. Youth 10 years and younger must be accompanied by someone at least 16 years of age or older. Anyone going in the pool must be swim tested before being allowed to swim. The pool will open at 12:00 PM. All regular pool rules apply.

## SUPER SUNDAYS AT THE ALAC POOL

In celebration of National Parks & Recreation Month the Enfield Recreation Department will be hosting special activities during open swim time on Sundays in July at the Angelo Lamagna Activity Center outdoor pool! Best of all these events are FREE with paid open swim admission. Events will be held 12-2 PM.

**Sunday July 3rd - Cannon Ball Contest**

**Sunday July 10th - Noodle Day**

**Sunday July 17th - Beach Ball Day**

**Sunday July 24th - Water Games and Relays**

**Sunday, July 31st - Water Basketball**

*All regular pool rules apply. See website for details.*



# Tickets and Rentals

## Picnic Packs

Picnic packs are available for Enfield residents to use for a maximum of three days. Payment and proof of residency is required to secure your reservation. Reservations must be made in person at the Recreation Department at least 24 hours in advance of equipment pick up. Payment is by cash or check only. **Fee: \$12.00 plus a \$20.00 refundable deposit.**

Picnic packs are very popular and it is highly suggested that reservations are made as far in advance as possible to help ensure you can get a pack for your desired date.

### Rental equipment includes:

Croquet – Badminton – Wiffleball – Lawn Games  
Horseshoes – Frisbee – Sports Balls  
Throw Down Bases – Volleyball/Badminton Net

**Picnic packs will be available  
April 29, 2016 - September 26, 2016**

*Reservations began on March 11, 2016*

## Discount Big E Tickets

The Recreation Department will be selling discounted **Big E** tickets starting in August. Tickets will be available on a first come, first serve basis. All tickets are non-refundable and will be available while supplies last.

### 2016 BIG E

September 16, 2016 – October 2, 2016

[www.thebigE.com](http://www.thebigE.com)

**MORE INFORMATION INCLUDING PRICE TO COME.**

## LOCAL SPORTS ORGANIZATION CONTACTS

**American Legion Baseball** [www.ctlegionbball.com](http://www.ctlegionbball.com)  
Brian Delano: 860-741-6711

**Enfield Little League** [www.enfieldlittleleague.org](http://www.enfieldlittleleague.org)  
Mark Cekala: 860-265-2608

**Enfield Ramblers** [www.enfieldramblers.shutterfly.com](http://www.enfieldramblers.shutterfly.com)  
Patrick Crowley: 860-745-3671

**Enfield Soccer Association** [www.enfieldsoccer.org](http://www.enfieldsoccer.org)  
Darren Ketchale: 860-205-5035

**Enfield Travel Basketball** [etba@cox.net](mailto:etba@cox.net) (email)  
Walt Serafin: 860-614-8772

**Girls Softball League** [www.enfieldgirlssoftball.com](http://www.enfieldgirlssoftball.com)  
Eric Pease: 860-817-0752

**Enfield Youth Wrestling** [enfieldyouthwrestling@gmail.com](mailto:enfieldyouthwrestling@gmail.com)  
Jeff Beiler 860-463-1650

**Enfield Hockey Association** [www.enfieldhockey.org](http://www.enfieldhockey.org)  
Larry Juhasz: 860-763-3283

**Enfield Men's Softball** [jds081597@comcast.net](mailto:jds081597@comcast.net) (email)  
Scott Couture: 413-221-5580

**Men's Slo-Pitch Softball** [jjpitti@yahoo.com](mailto:jjpitti@yahoo.com) (email)  
John Pitti: 860-965-0761

**Men's Soccer**  
Al Keenan: 860-930-2033

**Women's Softball League** [ewsL10@gmail.com](mailto:ewsL10@gmail.com) (email)  
Sara May: 860-748-5181

**Youth Lacrosse**  
Lee Pinney: 860-338-6719

**Girls Travel Softball**  
Al Maier: 860-670-3664

**Field Cancellations: 860-253-5166**

## Six Flags New England Tickets

The Enfield Recreation Department is selling discounted day tickets to Six Flags New England. One day passes are good for any day during the 2016 season. All tickets are non-refundable and will be available while supplies last. Tickets go on sale starting in April. Please contact the Recreation Office for details.

### Day Tickets: \$38.00 each

*Must be purchased by October 13, 2016*

**PLEASE NOTE THAT CASH IS THE ONLY FORM OF  
PAYMENT ACCEPTED**

*No refunds given for lost, stolen,  
unwanted, or unused tickets.*

## New York Yankees Game

Friday, July 22, 2016

Grab your peanuts and crackerjacks and join the Enfield Recreation Department at the ball game. Travel to New York City to be part of America's favorite pastime as the *Yankees* take on the *San Francisco Giants*.

Trip Includes: Round trip motorcoach transportation and game ticket (400 level grandstand seats). Limit: 48.

The bus will depart the Enfield Town Hall Parking Lot at 2:00 PM (*Please park in the upper lot*) and will arrive in New York City at approximately 5:00 PM. Game time is tentatively scheduled to begin at 7:10 PM. The bus will leave immediately following the game and will be back to Enfield at approximately 1:00 AM.

**Fee:** \$59.00 per person

**Activity Number:** 3608.0935.301

## Boston Red Sox Game

Saturday, July 23, 2016

Grab your peanuts and crackerjacks and join the Enfield Recreation Department at the ball game. Travel to Boston to be part of America's favorite pastime as the *Red Sox* take on the *Minnesota Twins*.

Trip Includes: Round trip motorcoach transportation, game ticket in the bleachers section & free time for shopping or dining. Limit 48.

The bus will depart the Enfield Town Hall Parking Lot at 2:00 PM and will arrive in Boston at approximately 4:30 PM. Game time is tentatively scheduled to begin at 7:10 PM. The bus will leave immediately following the game and will be back to Enfield at approximately 12:30 AM.

**Fee:** \$75.00 per person

**Activity Number:** 3608.0935.302



### BUS TRIP GUIDELINES:

- All seats are sold on a first come, first serve basis. There are no reserved seats on the bus. Each traveler has paid for one seat and must share the one beside them. Please note the right and left front seats are reserved for the trip chaperones.
- Children must be at least 5 years of age. An adult must accompany anyone under the age of 18.
- Bus trips are family friendly, no alcoholic beverages are allowed on the bus.
- In general, brief stops are made at fast food restaurants when the travel time is over 3 hours. Rest stops to and from the destination are at the discretion of the Tour Director.
- Trips depart promptly at the time listed in the brochure. The Recreation Department is not responsible for those who miss the bus to and from the destination. Please arrive for all departures no later than 10 minutes prior to the scheduled departure time.
- A movie is shown on the bus to and from the trip destination. Movies are rated G or PG.
- We typically use a 50 passenger coach bus equipped with a restroom and air conditioning. Most trips fill to capacity. Register early.
- Trips depart & return to the Town Hall parking lot unless otherwise stated. Please park in the upper lot at Town Hall.
- **Bus driver gratuity will be collected on the bus during the return trip home.**
- Due to trip popularity there is a registration limit of six spots per household.
- Tickets provided to participants as part of the bus trip are distributed on the bus the day of the trip. Tickets cannot be picked up prior to the departure day.
- Some trips involve substantial walking or climbing of stairs. If this is a concern for you please contact the office BEFORE you register to inquire about the walking/stairs involved.
- The Recreation Department welcomes persons with disabilities in all programs. If you require special accommodations please contact our office as early as possible so we will know how to best serve you.
- **No refunds** are given for trips unless they are cancelled by the Recreation Department. Participants must find a replacement if they cannot attend the trip. If the Recreation Department can fill your spot we will issue a **program credit** minus the 10% processing fee.
- **Ticketed Trips/Outdoor Destinations:** Trips are held rain or shine. If weather is a concern, the Recreation Department will find out if the venue is still open. If at the departure time of the trip game/show/venue is open, we will depart. If upon or after arrival the game/show/venue cancels or postpones your ticket will be valid for the make-up date per venue policy. The department will not provide additional transportation for the make-up date. If the venue cancels prior to the departure time we will attempt to re-book with the bus company to provide transportation. If transportation cannot be rescheduled the transportation portion of your payment will be refunded and you will be responsible for transportation for the make-up date. Refunds are not given because the participant cannot find their own transportation for the make-up date.



# Preschool Programs



## Summer Playgroup *with the FRC*

*Ages birth to 5 years old*

The Enfield Family Resource Center in conjunction with the Enfield Recreation Department will offer an abbreviated playgroup for the month of July. Come and join us for lots of activities and gross motor fun! This is an interactive and educational playgroup for Moms, Dads, Grandparents, Caregivers and their children ages birth - five. You must register to attend. To register, contact Shelby at 860-253-4769 or [skosa@enfield.org](mailto:skosa@enfield.org)

**Date:** Wednesdays, July 13 - 27

**Time:** 2:00 - 3:00 PM

**Location:** Angelo Lamagna Activity Center Gym,  
19 North Main Street, Enfield CT.



## Small Samurai Martial Arts

*Ages 3 - 5 years old*

Discover the Small Samurai program which is especially designed for preschoolers and kindergarteners. Children will learn the basics of martial arts, while also being introduced to character development topics. **Limit 10.**

**Dates:**

Session One: Tuesdays & Thursdays, July 5 - 28

Session Two: Mondays & Wednesdays, August 1 - 24

**Times:**

Session One: 5:00 - 5:30 PM

Session Two: 4:00 - 4:30 PM

**Fee:** \$49.00 Resident / \$59.00 Non-Resident

**Location:** Integrity Martial Arts, 585 Hazard Avenue

**Activity Numbers:** Session One: 3602.0222.401

Session Two: 3602.0222.402

## Preschool Ballet Classes

*Ages 3 - 4 years old*

Have your child participate in this wonderful dance experience! These classes are a great way to introduce your child to ballet. They will learn creative ways to express themselves through music, dance and movement. Classes will focus on skills and techniques for a young dancer. Participants should dress in dance wear of any color & style or in fitted comfortable clothing with ballet slippers or socks. **Limit 10.**

**Dates:**

Session One: Mondays, July 11 - August 1

Session Two: Mondays, August 8 - 29

**Time:** 5:30 - 6:00 PM

**Fee:** Resident: \$35.00 / Non-Resident: \$43.75

**Location:** Dance Amore, 155 Hazard Ave, Enfield, CT

**Activity Numbers:** Session One: 3602.0704.401

Session Two: 3602.0704.402



**Looking for information on**

**Enfield's Annual**

**4th of July Celebration?**

**Visit [www.enfieldcelebration.org](http://www.enfieldcelebration.org)**

**for complete event information.**

# Preschool and Youth Programs

## Summer Sunshine Program *Ages 3 - 6 years old*

Looking for something your youngster can do a few hours a week? Summer Sunshine is the program for them. A great introduction to a "camp type" setting, your child will never be bored with this program! Activities include crafts, games, sports & more. With limited space, your child will have a lot of one-on-one attention. **Limit 12 per session.**

**Due to popular request, 3 year olds who have completed a year of pre-school will be allowed to register for the Summer Sunshine program. Proof of participation in a licensed pre-school program must be provided before registration will be allowed. For more information contact the Recreation Office.**

### Program Details:

Time: 9:00 AM - 12:00 PM

Location: Angelo Lamagna Activity Center

Fee: \$49.00 Resident / \$61.25 Non-Resident (*per week*)

### Sessions:

Week One: July 5, 6, 7

Week Two: July 12, 13, 14

Week Three: July 19, 20, 21

Week Four: July 26, 27, 28

Week Five: August 2, 3, 4

### Activity Number:

3602.0430.401

3602.0430.402

3602.0430.403

3602.0430.404

3602.0430.405

**Program Guidelines** – Please be mindful of the following before you bring your child to the Summer Sunshine Program...

- ◆ Your child should wear comfortable play clothes and wear sneakers to the program.
- ◆ Participants will have snack time at the program. Please pack a drink and snack each day. Snacks that contain nuts are not allowed.
- ◆ Parts of the program may be held outdoors, however it is held rain or shine.
- ◆ Staff is trained in CPR/First Aid & Epi-pen administration. Please let us know in an advance if your child has any special needs.
- ◆ Swimming lessons are not included in this program.
- ◆ Participants whose behavior interferes with the program may be subject to dismissal.
- ◆ All participants must be potty trained to participate in the program.

## Babysitter Safety 101 Course

*Ages 10 - 15 years old*

This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Participants should bring a snack and drink with them to class. All participants will receive a CD-book, handouts and *Babysitter Safety Certificate*. **Limit: 14.**

### Dates:

Session One: Friday, July 15, 2016 3604.0103.401

Session Two: Tuesday, August 16, 2016 3604.0103.402

**Time:** 9:00 AM – 1:00 PM

**Fee:** \$46.00 Resident/\$57.50 Non-Resident

**Location:** Angelo Lamagna Activity Center

## Advanced Babysitter Safety 102 Course

*Ages 13 - 16 years old*

This course is for teens with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Prerequisite is Babysitter Safety 101 within the past 360 days. Building on the entry level skills and objectives for this scenario based, expanded course includes additional First Aid concepts, Adult/Child and Infant CPR. Requires written and skills testing to be awarded an American Heart Association 2 year certification. Includes CD-book, handouts, and Rescue Shield breathing barrier device. **Limit: 14.**

**Date:** Tuesday, August 16, 2016

**Time:** 2:00 – 5:00 PM

**Fee:** \$46.00 Resident/\$57.50 Non-Resident

**Location:** Angelo Lamagna Activity Center

**Activity Number:** 3604.0103.403

# Youth Programs

## Mini-Hawks Multi-Sport Camp

*Ages 4 – 6 years old*

This multi-sport camp allows young children to explore soccer, baseball and basketball in a day-program setting. There is no pressure -- just lots of fun while young athletes participate in all three sports through unique *Skyhawks* games. The Mini-Hawk coaching staff is trained to meet the specific needs of young children and is committed to helping them start off on the right foot as they venture into athletics. The participant-to-coach ratio is approximately 8:1. Participants should wear appropriate clothing including athletic apparel & sneakers. In addition they should bring a snack or two and a water bottle. Shin guards are *recommended* but not required. **Limit 16.**

**Dates:** Monday - Friday, July 25 - 29

**Time:** 9:00 AM - 12:00 PM

**Fee:** \$115.00 Resident / \$125.00 Non-Resident

**Location:** Angelo Lamagna Activity Center Gym

**Activity Number:** 3603.0228.401

## Tennis Camp *Ages 7 - 12 years old*

Grab your tennis racquet and get ready to play! Whether you're a beginner, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. *Skyhawks* tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. *Skyhawks* staff break down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. Participants should bring a water bottle, 2 snacks, youth tennis racket and wear appropriate clothing/footwear. **Limit 20.**

**Date:** Monday - Friday, July 18 - 22

**Time:** 9:00 AM - 12:00 PM

**Fee:** \$115.00 Resident / \$125.00 Non-Resident

**Location:** Fermi High School Tennis Courts

**Activity Number:** 3603.0228.402

## Youth Basketball Camp

*Ages 7 - 10 years old*

*Skyhawks* basketball camp breaks down this exhilarating sport into fundamental skills that all athletes, no matter their skill level, need to succeed. Coaches will lead the athletes through game-speed drills and exercises, focusing on ball handling, passing, shooting, defense and rebounding. The participant-to-coach ratio is approximately 10:1. Participants should wear appropriate clothing including athletic apparel & sneakers. In addition they should bring a snack or two and a water bottle. **Limit 20.**

**Date:** Monday - Friday, July 11 - 15

**Time:** 9:00 AM - 1:00 PM

**Fee:** \$119.00 Resident / \$129.00 Non-Resident

**Location:** Angelo Lamagna Activity Center Gym

**Activity Number:** 3603.0228.403

## Intermediate Teen Basketball Camp *Ages 10 - 14 years old*

This fun, skill-intensive *Skyhawks* program is designed with the intermediate player in mind. Using our progression curriculum and focusing on the whole player, we teach your child the skills they need both on and off the court to be a better athlete. Our sport specific staff will focus on respect, teamwork and responsibility as they will start each day with a 'skill of the day' and progress into drills and games making for an unforgettable camp experience for your young athlete. After a week of passing, shooting, dribbling and rebounding you will see why this is one of our most popular programs. Participants should wear appropriate clothing including athletic apparel & sneakers. In addition they should bring a snack or two and a water bottle. **Limit 20.**

**Date:** Monday - Friday, August 1 - 5

**Time:** 9:00 AM - 1:00 PM

**Fee:** \$119.00 Resident / \$129.00 Non-Resident

**Location:** Angelo Lamagna Activity Center Gym

**Activity Number:** 3604.0228.401



# Youth Programs

## Field Hockey Camp *Grades 3 - 8*

Interested in learning more about the game of Field Hockey? This program will introduce and teach the basic skills of field hockey including stick and ball handling, passing, receiving, shots and game rules. The camp will focus on skills and drills as well as concentrate on game play. *Please Note:* Participants must bring shin guards, mouth guard and field hockey stick. A limited supply of sticks is available to borrow if you do not have one. **Limit 20.**

### Entering Grades 3 - 5

Dates: Monday - Friday, July 18 - 22

Activity Number: 3603.0228.404

### Entering Grades 6 - 8

Dates: Monday - Friday, July 25 - 29

Activity Number: 3603.0228.405

**Times:** 9:30 AM - 12:00 PM

**Fee:** \$30.00 Resident/\$37.50 Non-Resident

**Location:** Fermi High School Fields

## Sand Volleyball Camp

*Ages 10 - 14 years old*

This fun-filled *Skyhawks* camp will be full of energy and excitement. All aspects of sand volleyball will be taught through drills and exercises that focus on passing, setting, hitting and serving. Each player will be developing fundamental skills through speed drills and daily scrimmages. This camp is for the beginner and intermediate player. Participants should bring appropriate clothing, two snacks, a water bottle and sunscreen. **Limit: 15.**

**Date:** Monday - Friday, August 8 - 12

**Time:** 9:00 AM - 1:00 PM

**Fee:** \$119.00 Resident / \$129.00 Non-Resident

**Location:** Brainerd Park, 137 Brainerd Road

**Activity Number:** 3603.0228.406



## Learn to Skate *Ages 5 & Up*

It may be hot outside but it's a great time to enjoy this classic winter pastime. This program is for children 5 and up who are interested in learning to ice skate. Learn to Skate offers group instruction of basic ice skating skills including skating forwards, backwards, spins and jumps. No previous experience is required. Fee includes skate rental. Children ages 8 & under are required to wear a helmet. **No Limit.**

**Dates:** Mondays, July 11 - August 8

**Time:** 4:50 - 5:40 PM

**Location:** Enfield Twin Rinks, 1 Prior Road

**Fee:** \$99.00 Resident / \$109.00 Non-Resident

**Activity Number:** 3603.0262.401

## Beginner Martial Arts

*Ages 6 - 10 years old*

Discover the excitement of the martial arts while learning about Respect, Discipline and Self-Control. Participants will learn basic martial arts techniques, as well as how to apply character development to their everyday lives. **Limit 10.**

### Dates:

Session One: Tuesdays & Thursdays, July 5 - 28

Session Two: Mondays & Wednesdays, August 1 - 24

### Times:

Session One: 5:30 - 6:00 PM

Session Two: 4:30 - 5:00 PM

**Fee:** \$49.00 Resident / \$59.00 Non-Resident

**Location:** Integrity Martial Arts, 585 Hazard Avenue

**Activity Numbers:** Session One: 3603.0222.401

Session Two: 3603.0222.402

## Mark Your Calendars!

**ENFIELD YOUTH  
BASKETBALL LEAGUE  
INFORMATION WILL BE OUT  
IN EARLY SEPTEMBER.**

*[www.enfield-ct.gov/recreation](http://www.enfield-ct.gov/recreation)*

# Open Swim

## Summer 2016

The Enfield Recreation Department operates two pools during the summer months. The outdoor pool is located behind the Angelo Lamagna Activity Center on North Main Street and an indoor pool at John F. Kennedy Middle School on Raffia Road. Enfield residents may purchase a picture ID summer pool pass at the Recreation Office or pay the daily fee at the gate. Season passes are valid June 21 – August 19 (*weather permitting*). See below for additional information on hours of operation and fees. The outdoor pool will be open on July 4th.

Open Swim Dates	
Angelo Lamagna Activity Center Pool Open Sunday - Saturday June 21 - August 19	
Daily Pool Schedule: Monday - Friday	
<b>Angelo Lamagna Activity Center Pool</b> 12:00 - 5:00 PM Open Swim 5:15 - 7:50 PM Swim Lessons	<b>JFK Middle School Pool</b> 8:50 AM - 12:35 PM Swim Lessons
Daily Pool Schedule: Saturdays & Sundays	
Angelo Lamagna Activity Center Pool Open Swim: 12:00 - 5:00 PM	
Open Swim Pool Fees	
<b>Season Passes:</b> <i>Residents Only</i> Youth (ages 17 & under): \$10.00 Adult (ages 18 & over): \$20.00 Family (parents, children under 18 & college students): \$30.00	<b>Daily Fees</b> Youth: Resident: \$.50 Non-Resident: \$1.00 Adult: Resident: \$1.00 Non-Resident: \$1.50 Family: Resident: \$2.00 Non-Resident: \$2.50



### Security Notice: Swim Lessons at JFK Middle School

During the summer months the Enfield Recreation Department offers a variety of programs at JFK Middle School in addition to sharing the building with other outside programs. In an effort to keep participants and their families safe everyone entering the building is required to sign in and wear a visitor badge while in the building. Please allow yourself a few extra minutes before the scheduled start of your program to sign in and receive a badge. All swim lesson participants and their families should enter the school through the door next to the gym. Thank you.

# Swim Lessons

## Progressive Swim Lesson Levels

**Progressive lessons are for children 5 - 16 years old. Children must pass the current level to move on to the next level based on skills below. Limit 8 children per class.**

### **Minnows:**

Pool rules, Warm-up swims, 5 bobs, Jump into the shallow end and swim to the side safely, Jump in with help from teacher, Swim ½ lap of the pool, Swim with a bubble/barbell & noodle, Kick with pointed feet.

### **Tigerfish:**

Jump in the deep end, Swim 1 lap of the pool, Swim 1 lap with a bubble/barbell & noodle, Front float & Back float, 10 bobs.

### **Stingrays:**

Sit-dive, Swim 2 laps of the pool, Basic reaching assist, 15 bobs, Kick on back with pointed feet.

### **Marlins:**

Kneeling dive, Tread water for 1 minute, Survival float for 1 minute, Kick (1) lap streamline position with straight legs on back & on front, One lap rhythmic breathing with a barbell with proper arms, Roll back to front & front to back, Coordinate arms and legs to do the backstroke, Have the strength to swim backstroke.

### **Barracudas:**

Standing dive, surface dive, tread water for 2 minutes, survival float for 2 minutes, backstroke/crawlstroke/ side-stroke/breaststroke & butterfly two laps of the pool each.

### **Dragonfish:**

Standing shallow dive, tread water for 3 minutes, survival float for 3 minutes, perform basic rescue tube skills, swim crawl/backstroke/breaststroke and butterfly for two laps, Coordinated the breaststroke and the butterfly.

## General Information

Swim lessons are offered Monday through Friday for two week sessions. You may sign up for as many sessions as you would like; however, if you sign up in an incorrect level and need to be transferred, the 10% service charge will apply. Transfers can only be made if spaces are available in the level you need to transfer to.

## Session Dates

Session One: June 27 – July 8 *no 7/4*  
Session Two: July 11 – 22  
Session Three: July 25 – August 5

## Lesson Fees

Resident: \$40.00 per session  
Non-Resident: \$50.00 per session

**Cancelled Swim Lessons:** Due to the weather sometimes swim lessons have to be cancelled. Classes are run in two week sessions. The Recreation Department will make up missed classes if less than 8 classes are held. Participants may call the cancellation hotline at 860.253.6420 to find out if class is being held or not.

## Pre-Registration Testing Night

If you are interested in registering your child for progressive swim lessons this summer and don't know what level you should sign them up for, join us on...

**Thursday, May 5<sup>th</sup> from 5:30 - 7:30 PM  
at the JFK Middle School Pool.**

At this time your child will be swim tested by our Red Cross Certified Lifeguards and told what level you should sign your child up for.

## Preschool Swim Levels

Preschool Swim classes are for children 6 months to 4 years old. Please note the age restrictions for each level.

**Waterbabies:** This is a parent/child class. For children ages 6 months to 3 years old. Students will become comfortable in the water using toys and songs. Children who are not potty trained must wear a swim diaper while in the pool.

**Guppies:** For children ages 3 to 4 years old. Students will learn pool rules, water safety, water adjustment and basic swim strokes. Participants must be potty trained to participate in this class.

# Swim Lessons

Level	Session	Pool	Time	Activity #	Level	Session	Pool	Time	Activity #
Waterbabies	2	JFK	12:05 - 12:35 PM	3601.0629.401	Stingrays	2	JFK	10:45 - 11:20 AM	3603.0629.435
Guppies	1	JFK	8:50 - 9:20 AM	3602.0629.401	Stingrays	2	JFK	11:25 - 12:00 PM	3603.0629.436
Guppies	1	JFK	12:05 - 12:35 PM	3602.0629.402	Stingrays	2	ALAC	6:30 - 7:05 PM	3603.0629.437
Guppies	1	ALAC	5:15 - 5:45 PM	3602.0629.403	Stingrays	3	JFK	10:45 - 11:20 AM	3603.0629.438
Guppies	2	JFK	8:50 - 9:20 AM	3602.0629.404	Stingrays	3	JFK	11:25 - 12:00 PM	3603.0629.439
Guppies	2	ALAC	5:15 - 5:45 PM	3602.0629.405	Stingrays	3	ALAC	6:30 - 7:05 PM	3603.0629.440
Guppies	3	JFK	8:50 - 9:20 AM	3602.0629.406	Marlins	1	JFK	10:05 - 10:40 AM	3603.0629.441
Guppies	3	JFK	12:05 - 12:35 PM	3602.0629.407	Marlins	1	ALAC	5:50 - 6:25 PM	3603.0629.442
Guppies	3	ALAC	5:15 - 5:45 PM	3602.0629.408	Marlins	2	JFK	10:05 - 10:40 AM	3603.0629.443
Minnows	1	JFK	9:25 - 10:00 AM	3603.0629.401	Marlins	2	ALAC	5:50 - 6:25 PM	3603.0629.444
Minnows	1	JFK	10:05 - 10:40 AM	3603.0629.402	Marlins	3	JFK	9:25 - 10:00 AM	3603.0629.445
Minnows	1	JFK	10:45 - 11:20 AM	3603.0629.403	Marlins	3	JFK	10:05 - 10:40 AM	3603.0629.446
Minnows	1	JFK	11:25 - 12:00 PM	3603.0629.404	Marlins	3	ALAC	5:50 - 6:25 PM	3603.0629.447
Minnows	1	ALAC	5:50 - 6:25 PM	3603.0629.405	Barracudas	1	JFK	10:45 - 11:20 AM	3603.0629.448
Minnows	1	ALAC	6:30 - 7:05 PM	3603.0629.406	Barracudas	1	ALAC	5:50 - 6:25 PM	3603.0629.449
Minnows	2	JFK	9:25 - 10:00 AM	3603.0629.407	Barracudas	2	JFK	10:45 - 11:20 AM	3603.0629.450
Minnows	2	JFK	10:05 - 10:40 AM	3603.0629.408	Barracudas	2	ALAC	5:50 - 6:25 PM	3603.0629.451
Minnows	2	JFK	10:45 - 11:20 AM	3603.0629.409	Barracudas	3	JFK	9:25 - 10:00 AM	3603.0629.452
Minnows	2	JFK	11:25 - 12:00 PM	3603.0629.410	Dragonfish	3	JFK	10:45 - 11:20 AM	3603.0629.453
Minnows	2	ALAC	5:50 - 6:25 PM	3603.0629.411	Dragonfish	3	ALAC	5:50 - 6:25 PM	3603.0629.454
Minnows	2	ALAC	6:30 - 7:05 PM	3603.0629.412					
Minnows	3	JFK	9:25 - 10:00 AM	3603.0629.413					
Minnows	3	JFK	10:05 - 10:40 AM	3603.0629.414					
Minnows	3	JFK	10:45 - 11:20 AM	3603.0629.415					
Minnows	3	JFK	11:25 - 12:00 PM	3603.0629.416					
Minnows	3	ALAC	5:50 - 6:25 PM	3603.0629.417					
Minnows	3	ALAC	6:30 - 7:05 PM	3603.0629.418					
Tigerfish	1	JFK	9:25 - 10:00 AM	3603.0629.419					
Tigerfish	1	JFK	10:05 - 10:40 AM	3603.0629.420					
Tigerfish	1	JFK	11:25 - 12:00 PM	3603.0629.421					
Tigerfish	1	ALAC	6:30 - 7:05 PM	3603.0629.422					
Tigerfish	2	JFK	9:25 - 10:00 AM	3603.0629.423					
Tigerfish	2	JFK	10:05 - 10:40 AM	3603.0629.424					
Tigerfish	2	JFK	11:25 - 12:00 PM	3603.0629.425					
Tigerfish	2	ALAC	6:30 - 7:05 PM	3603.0629.426					
Tigerfish	3	JFK	10:05 - 10:40 AM	3603.0629.427					
Tigerfish	3	JFK	11:25 - 12:00 PM	3603.0629.428					
Tigerfish	3	ALAC	6:30 - 7:05 PM	3603.0629.429					
Stingrays	1	JFK	9:25 - 10:00 AM	3603.0629.430					
Stingrays	1	JFK	10:45 - 11:20 AM	3603.0629.431					
Stingrays	1	JFK	11:25 - 12:00 PM	3603.0629.432					
Stingrays	1	ALAC	6:30 - 7:05 PM	3603.0629.433					
Stingrays	2	JFK	9:25 - 10:00 AM	3603.0629.434					

## REASONS TO SIGN UP FOR SWIMMING LESSONS...

1. Swim lessons can reduce the risk of drowning.
2. Swimming builds body strength.
3. Swimming helps kids do better in school.
4. Swimming is a life long sport. You can do it at any age.
5. Swim lessons is a great place to make new friends.
6. Lessons help eliminate the fear of water.



# Aquatics Program

## Adult Lessons *Ages 16 & up*

It's never too late to learn how to swim! Lessons are provided in a small group setting with an experienced instructor. Ideal for those starting their swimming journey to those seeking a technique refresher to increase their swimming efficiency. Classes are held Monday – Friday in two week sessions with an eight class guarantee. **Limit 9 per session.**

### Session Dates:

June 27 – July 8 *no class 7/4* 3605.0629.401

July 11 – 22 3605.0629.402

July 25 – August 5 3605.0629.403

**Time:** 7:10 – 7:50 PM

**Fee:** \$55.00 Resident / \$68.75 Non-Resident

**Location:** Angelo Lamagna Activity Center Pool



In an effort to expand the Recreation Department's aquatics program offerings we have begun a lifeguard staff recruitment campaign. We are looking for both currently certified Red Cross Lifeguards as well as people who are not certified who are interested in becoming a lifeguard.

Individuals who are not certified can become certified through the Recreation Dept. at a significantly reduced rate. To qualify for the lifeguarding class interested individuals must submit a pre-employment screening form by July 29th to the Recreation Office. The Aquatics Director will contact applicants to set up a brief interview and a in water pre-test. Individuals may only register after acceptance by the Aquatics Director. For more details contact the Recreation Office at 860.253.6420.

## Lifeguarding Class *Ages 15 & up*

Instruction will cover American Red Cross Lifeguarding, First Aid and CPR. Attendance is required for all classes. **Limit 10.**

**Dates:** Monday – Friday, August 8 - 19

**Time:** 9:00 – 11:45 AM

**Fee:** \$60.00 Resident / \$75.00 Non-Resident

**Location:** Angelo Lamagna Activity Center Pool

**Activity Number:** 3604.0620.401

## Dolphins Swim Team

The Recreation Department offers a recreational swim team during the months of May, June, July & August. For complete registration information please visit the Recreation Homepage on the Town's website, [www.enfield-ct.gov/recreation](http://www.enfield-ct.gov/recreation).



## Being a Lifeguard...The Benefits are Endless!!!

- Learn responsibility
- Maintain fitness level
- Sharpen reflexes
- Improve communication skills
- Learn diplomacy
- HAVE FUN
- Be part of a team
- Feel good about your job & yourself
- Be a good role model
- Interact with the public
- Make new friends
- Earn Money
- Keep Pool Users Safe!

**The first step to becoming a lifeguard is getting certified.  
Don't delay, sign up today!**

*Please note: Taking the lifeguard class does not guarantee employment.*



# Adult Programs

## Adult Open Gym Basketball Information

The Enfield Recreation Department hosts Open Gym Basketball time for adults 25 and over. Participants must show proof of age and residency to participate in addition to having a program waiver on site where they participate. There is a daily fee for these programs.

### 25 and Over

Day: Mondays

Time: 6:00 - 9:00 PM

### 30 and Over

Day: Tuesdays

Time: 6:00 - 9:00 PM

### 40 and Over

Day: Saturdays

Time: 8:00 - 11:00 AM

**Location:** Angelo Lamagna Activity Center Gym

**Dates:** April 2 - August 30 *no program on 5/28, 5/30, 7/2, & 7/4*

**Fee:** \$2.00 Residents     \$2.50 Non-Residents

**Reminder: Purchase a punch card good for any open gym offered above. Fee is \$20.00 for Residents & \$25.00 for Non-Residents. Card is good for 10 visits and never expires. See staff member for details.**

*Please note that if the gym gets over crowded, residents will get first priority to play.*

## Yoga *Ages 18 & Over*

No matter if you have never taken yoga or you've been practicing for years this class is for you! Release stress and improve personal well being this summer. Yoga will bring balance, breath awareness, stamina and flexibility to the body and mind. Students will be able to work at their own level, modifying poses as needed. Participants are encouraged to bring a yoga mat to class. Class is held in an air conditioned room. **Limit 18.**

**Day & Time:** Tuesdays, July 5 - August 23

**Time:** 6:15 – 7:15 PM

**Fee:** \$30.00 Resident / \$37.50 Non-Resident

**Activity Number:** 3605.0337.401

**Location:** Angelo Lamagna Activity Center Mirrored Room

## Adult Sports Leagues

### Adult Basketball League *Ages 40 & Over*

The Enfield Recreation Department hosts a 40 and over adult recreational basketball league. Players must meet the age requirement of the league as of January 1, 2017. Space is limited in the league.

### Co-Ed Volleyball League *Ages 18 & Over*

The Enfield Recreation Department hosts an adult volleyball league for adults 18 and over. Players must meet the age requirement of the league as of January 1, 2017. Space is limited in the league.

Team packets will be available for Adult Sports Leagues starting in September on the Recreation homepage.



## Sand Volleyball League *Ages 18 & Over*

The Recreation Department is looking at starting up a co-ed volleyball sand league this summer. Anyone interested in putting in a team or getting on a team can contact the Recreation Office at 860.253.6420 or email [RecreationSupervisor@enfield.org](mailto:RecreationSupervisor@enfield.org) before May 20, 2016.

# ENFIELD RECREATION DIVISION REGISTRATION FORM

19 North Main Street, Enfield CT 06082

Phone: 860-253-6420

Website: [www.enfield-ct.gov/recreation](http://www.enfield-ct.gov/recreation)

## PRIMARY HOUSEHOLD CONTACT INFORMATION

Parent/Legal Guardian Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ Apt./Box # \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

\* If there are any medical concerns or special needs that we should be aware of please list here: \_\_\_\_\_

## PROGRAM INFORMATION

\* One registration form can be used for more than one person in this household\*

Participant First Name, Last Name	M/F	Date of Birth	Program Activity Number	Program Name	Alternate Activity Number	Fee

## RELEASE AND WAIVER

*In consideration for participating in the above-referenced program/activity sponsored by the Recreation Division of the Town of Enfield, I hereby waive and release the Town of Enfield, its agents, officers and employees, whether paid or voluntary, from and against any and all claims, suits, actions, damages, liabilities, costs, expenses and or judgments, including attorney's fees and court costs, which may arise from my or my child's participation in the above-referenced program/activity or any illness or injury resulting there from, either directly or incidentally.*

I hereby represent that I understand and am familiar with the nature and type of activities in which I or my child will participate as part of the above-referenced program/activity. I further represent that I am, or my child is, in good physical and mental health condition and that I am unaware of any physical or other health condition that would affect my or my child's ability to participant in the above-referenced program/activity.

I acknowledge that I will be solely responsible for the furnishing of all safeguards and appropriate equipment for protection against injury.

Photo Release: The Recreation Department reserves the right to photograph program participants for publicity purposes. Please be aware that these photos are for Recreation use only and may be used in future catalogs, websites, brochures, pamphlets and/or flyers.

I have read this document and understand and agree to its terms and conditions.

\_\_\_\_\_  
PARTICIPANT/PARENT/LEGAL GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

For registration to be processed, we require a completed registration form, full payment and proof of residency.  
See registration information page for details.

# Registration Information

## Contact Us:

### At the Office:

Monday - Friday  
9:00 AM - 5:00 PM

Angelo Lamagna  
Activity Center  
19 North Main St.  
Enfield, CT 06082

### By Phone:

Voice: 860-253-6420  
Fax: 860-253-5147

### On the Web:

WWW.ENFIELD-CT.GOV

## IMPORTANT DATES:

### Resident Registration Begins:

May 6, 2016  
9:00 AM

### Non-Resident Registration Begins:

May 13, 2016  
9:00 AM

Note: Registration will **not** be accepted before the initial registration date and phone registrations will **not** be accepted. All fees must be paid at the time of registration.



## Convenient Ways To Register...

**Online:** Online registration will begin on **May 6th** at 9:00 AM. Log onto the Town's website at [www.enfield-ct.gov/recreation](http://www.enfield-ct.gov/recreation), click on the blue "Online Program Registration" button on the Recreation home page. Online registration is on a first come, first served basis and accepts standard credit cards only (debit cards are not accepted). Visit the website anytime to create an online account.\* **Please print a receipt when registering online. No further notification will be sent.**

**Walk-in:** Registrations will be accepted at the Recreation Department beginning at 9:00 AM on **May 6th**. Walk-in registrations will be processed on a first come, first served basis. Cash, check, or money order will be accepted as forms of payment. Proof of residency is required.

**Mail-in:** Registrations will be processed on a random basis as time permits beginning **May 6th**. Incomplete registration forms will NOT be processed until all items are received. The Enfield Recreation Department is NOT responsible for lost or untimely mail delivery. Please follow the directions below for mail-in registrations.

- Complete the registration form.
- Include a **separate** check for each program payable to "Enfield Recreation Department" unless otherwise noted in description.
- Include a self-address stamped envelope or email address so we may send you a confirmation.
- Include a photocopy of proof of residency. Acceptable forms of ID are: valid driver's license, tax bill, utility bill, renter's/homeowner's agreement. For our complete residency policy please visit our website or contact the Recreation Office. *Please note checks are not considered proof of residency.*
- Mail the registration form, check(s) or money order(s), self-addressed stamped envelope and proof of residency to Recreation Office located at 19 North Main Street, Enfield, CT 06082.

**NOTE:** If you have not received your confirmation within 10 business days of the registration start date, please contact the Recreation Department.

**The Recreation Department welcomes persons with disabilities in all programs and services. Please call our office two weeks prior to the program start date so that we will know how to best serve you.**

### Please Note:

The parent or legal guardian must register their child. We will **not** accept notes allowing friends, grandparents, etc., to register a child. A parent's or legal guardian's signature is required for all children's programs.

## Attention Parents

**Classroom/Pool:** Parents are asked to leave the classroom and pool area after the first class but are invited back for the last class. This rule is for the safety of your child. Children tend to be distracted if parents are allowed to stay. Instructors need a child's full attention for them to benefit from a class.

## Residency Policy

The Recreation Dept. does observe a residency policy. For complete policy information see the Town website or call the Rec. Office.

## Cancellations & Postponements

Cancellations and postponements will be announced on "WFSB" Channel 3, or call the Recreation Department recording at 860.253.6420.

The department reserves the right to set a maximum for each program and to cancel any program due to low enrollment.

## Withdrawal Policy

Due to limited space in our programs, refunds are not given unless for a medical reason upon receipt of a doctors note. A program credit to be used for another recreation program may be given on a case by case basis. Please note there are no refunds given on bus trips unless we can fill your spot(s).

If you would like to request a withdrawal from a program, you must fill out a withdrawal request form and submit it to the Recreation Department as soon as possible with any pertinent documentation attached. Your request will be processed in 7 - 10 business days.

A 10% processing fee will be charged on all withdrawals/credits and transfers. Withdrawal request forms may be found on the town's website and at the Recreation Office.